

The EPC Safety Cognition Enhancement Process



The results we get in life start back here.

The steps to developing a system to improve results.

More fully align our **VALUES** and **ACTIONS**.

Strive for more accurate **PERCEPTIONS**.

Understand & manage impulses.

Intellectual

Emotional

Moving

Instinctive

Enhance Levels of Awareness

3 - Conscious

2 - Just Reacting

1 - Automatic

0 - True Sleep

So that our actions or

Behaviours

more accurately reflect what we really value

The Result

- A working process
- Better safety and fewer unplanned events